



Active Insight: Evidence in Action

Tip #816



Inquiry Through Movement Participation Opportunities

Overview

Inquiry movement opportunities strengthen participation, confidence, wellbeing, and understanding through inquiry-based learning experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening movement competence and participation pathways. Students benefit from supportive inquiry opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently.

Key Teaching Ideas

Successful inquiry movement experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Design authentic movement investigations encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, inquiry discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Design authentic movement investigations supporting collaborative inquiry participation opportunities.
- Encourage reflective questioning strengthening teamwork during movement learning experiences.
- Scaffold inquiry discussions supporting inclusive movement participation opportunities consistently.
- Provide collaborative feedback strengthening movement confidence and participation regularly.
- Explore inquiry investigations supporting reflective participation and teamwork consistently.

Next Steps

Explore Game Sense resources supporting inquiry learning and collaborative movement participation opportunities.

The Game Sense model is informed by Teaching Games for Understanding (Bunker & Thorpe, 1982), the Game Sense approach (Light, 2013), and contemporary skill acquisition research including ecological dynamics (Davids & Renshaw).

