



Active Insight: Evidence in Action

Tip #817



Connecting Real-World Learning Through Movement

Overview

Real-world movement opportunities strengthen participation, confidence, wellbeing, and understanding through authentic learning experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening movement competence and participation pathways. Students benefit from supportive authentic opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Project-based movement experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Encourage authentic movement investigations promoting teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, collaborative inquiry discussions, and reflective planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together during participation experiences regularly.

Practical Application

- Encourage authentic movement investigations supporting collaborative real-world participation opportunities.
- Use inquiry discussions strengthening teamwork during authentic movement experiences regularly.
- Facilitate reflective movement tasks encouraging inclusive participation opportunities consistently.
- Differentiate movement challenges supporting collaborative engagement and confidence development regularly.
- Explore authentic investigations strengthening reflective movement participation opportunities consistently.

Next Steps

Explore Active Education Australia Resources supporting authentic project-based movement learning opportunities.

