



Active Insight: Evidence in Action

Tip #819



Empowering Student Collaboration Through Movement

Overview

Student collaboration opportunities strengthen participation, confidence, wellbeing, and understanding through collaborative learning experiences supporting meaningful engagement and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening movement competence and participation pathways. Students benefit from supportive collaboration opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Successful collaborative movement experiences strengthen engagement through communication, teamwork, and reflective participation opportunities supporting meaningful learning. Facilitate student-led movement investigations encouraging confidence, collaboration, and positive decision-making throughout activities. Encourage inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together during participation experiences regularly.

Practical Application

- Facilitate student-led movement investigations supporting collaborative participation opportunities consistently.
- Use student discussions strengthening reflective movement participation during activities regularly.
- Encourage collaborative movement challenges supporting teamwork and confidence development consistently.
- Reflect regularly following inclusive movement participation and collaboration opportunities.
- Provide flexible movement opportunities encouraging authentic collaborative participation regularly.

Next Steps

Explore Respectful Relationships resources supporting collaborative movement participation and engagement opportunities.

Respectful Relationships approach is informed by the Resilience, Rights and Respectful Relationships teaching and learning materials (Department of Education and Training Victoria, 2018), social and emotional learning frameworks (CASEL, 2020), and contemporary research in gender equality, consent, and respectful relationship education.

