



Active Insight: Evidence in Action

Tip #823



Geography Fieldwork Through Movement Exploration

Overview

Geography fieldwork opportunities strengthen participation, confidence, wellbeing, and understanding through movement-based inquiry experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and geographical understanding. Students benefit from supportive fieldwork opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently regularly.

Key Teaching Ideas

Effective Geography fieldwork experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Conduct movement mapping investigations encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, inquiry discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Conduct movement mapping investigations supporting collaborative geography participation opportunities.
- Use outdoor exploration tasks strengthening reflective geography learning experiences.
- Facilitate place-based discussions supporting inclusive movement participation opportunities regularly.
- Create local exploration challenges encouraging collaborative geographical understanding consistently.
- Encourage reflective movement mapping supporting geographical participation and engagement.

Next Steps

Explore Active Education Australia Resources supporting Geography movement inquiry participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

