



Active Insight: Evidence in Action

Tip #831



Using Nature Play For Collaborative Learning

Overview

Nature play opportunities strengthen participation, confidence, wellbeing, and understanding through outdoor movement experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and environmental understanding. Students benefit from supportive outdoor opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently regularly.

Key Teaching Ideas

Effective nature play experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Facilitate outdoor movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Facilitate outdoor movement experiences supporting collaborative nature-play participation opportunities.
- Use imaginative exploration tasks strengthening reflective outdoor engagement experiences regularly.
- Create outdoor challenges encouraging inclusive movement participation and teamwork consistently.
- Encourage reflective nature discussions supporting collaborative participation opportunities regularly.
- Provide adaptive outdoor activities strengthening confidence and movement participation consistently.

Next Steps

Explore Active Education Australia Resources supporting outdoor collaborative movement participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

