



Active Insight: Evidence in Action

Tip #843



Designing Inclusive Outdoor Learning Experiences

Overview

Inclusive outdoor opportunities strengthen participation, confidence, wellbeing, and understanding through accessible movement experiences supporting meaningful engagement and collaboration. Inclusive learning environments encourage communication, teamwork, and positive decision-making while reducing participation barriers and strengthening participation pathways. Students benefit from supportive outdoor opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Effective inclusive outdoor experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Facilitate accessible movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, outdoor discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Facilitate accessible movement experiences supporting collaborative outdoor participation opportunities.
- Use adaptive outdoor challenges strengthening reflective participation opportunities regularly.
- Create movement investigations encouraging inclusive outdoor engagement consistently regularly.
- Encourage collaborative participation supporting outdoor confidence and understanding regularly.
- Provide supportive movement opportunities strengthening inclusive participation consistently regularly.

Next Steps

Explore The TREE Model resource on Anywhere PD supporting inclusive outdoor participation opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

