



# Active Insight: Evidence in Action

## Tip #844



## Student Agency Through Movement Participation

### Overview

Student movement opportunities strengthen participation, confidence, wellbeing, and leadership through collaborative learning experiences supporting meaningful engagement and decision-making. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive movement opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Effective movement agency experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Provide movement leadership opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Provide movement leadership opportunities supporting collaborative participation and engagement.
- Use student reflection tasks strengthening movement understanding and confidence regularly.
- Facilitate collaborative movement discussions supporting inclusive participation opportunities consistently.
- Encourage reflective participation supporting movement leadership and engagement regularly.
- Provide adaptive movement opportunities strengthening collaborative confidence consistently regularly.

### Next Steps

Explore Active Education Australia Resources supporting student agency movement participation opportunities.

