



# Active Insight: Evidence in Action

## Tip #852



## Building Staff Readiness Through Collaborative Movement

### Overview

Staff readiness initiatives strengthen participation, confidence, wellbeing, and collaboration through engaging professional learning experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and professional understanding. Students benefit from supportive staff readiness opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Staff readiness initiatives strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Help readiness planning opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping educators strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Help readiness planning supporting collaborative staff participation opportunities consistently.
- Use shared movement discussions strengthening reflective engagement opportunities regularly.
- Strengthen teamwork opportunities encouraging inclusive staff participation consistently regularly.
- Lead active collaboration tasks supporting professional engagement regularly consistently.
- Adjust active movement opportunities strengthening staff participation consistently regularly.

### Next Steps

Explore Anywhere PD resources supporting staff readiness participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

