



Active Insight: Evidence in Action

Tip #853



Creating Leadership Success Through Movement Participation

Overview

Leadership success opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and leadership understanding. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Leadership success experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Plan successful movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, leadership discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Plan successful movement experiences supporting collaborative leadership participation opportunities.
- Use supportive discussions strengthening reflective leadership participation experiences regularly.
- Support teamwork opportunities encouraging inclusive leadership participation consistently regularly.
- Guide active participation supporting movement confidence and engagement regularly.
- Align active movement opportunities strengthening leadership participation consistently regularly.

Next Steps

Explore Active Education Australia Resources supporting leadership movement participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

