



Active Insight: Evidence in Action

Tip #857



Designing Staff Calibration Through Reflective Participation

Overview

Staff calibration opportunities strengthen participation, confidence, wellbeing, and collaboration through reflective professional learning experiences supporting meaningful engagement and communication. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive calibration opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Calibration process experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Help calibration movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping educators strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Help calibration movement experiences supporting collaborative participation opportunities consistently regularly.
- Use checking discussions strengthening reflective participation and engagement regularly consistently.
- Align planning opportunities encouraging inclusive movement participation consistently regularly.
- Grow active participation supporting movement confidence and collaboration regularly consistently.
- Develop adaptive movement opportunities strengthening staff participation consistently regularly.

Next Steps

Explore Active Education Australia Resources supporting reflective participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

