



Active Insight: Evidence in Action

Tip #858



Structuring Implementation Benchmarks Through Movement Participation

Overview

Implementation benchmark opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful reflection and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and implementation understanding. Students benefit from supportive benchmark opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly throughout learning opportunities successfully.

Key Teaching Ideas

Benchmark pathway experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Use progress movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Facilitate inclusive participation strategies, reflective discussions, and collaborative planning approaches helping educators strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Use progress movement experiences supporting collaborative benchmark participation opportunities consistently.
- Expand reflective discussions strengthening implementation participation and engagement regularly consistently.
- Start active participation opportunities encouraging inclusive movement engagement consistently regularly.
- Diversify movement opportunities supporting collaborative benchmark participation consistently regularly.
- Explore Anywhere PD resources supporting implementation benchmark participation opportunities.

Next Steps

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

