



# Active Insight: Evidence in Action Tip #861



## Structuring School Storytelling Through Movement

### Overview

School storytelling opportunities strengthen participation, confidence, wellbeing, and communication through engaging movement experiences supporting meaningful collaboration and reflection. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and creative understanding. Students benefit from supportive storytelling opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Storytelling approach experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Share storytelling movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, creative discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Share storytelling movement experiences supporting collaborative participation opportunities consistently.
- Use storytelling discussions strengthening reflective engagement and participation regularly consistently.
- Celebrate creative movement opportunities encouraging inclusive participation consistently regularly.
- Develop active participation supporting movement confidence and engagement regularly consistently.
- Focus active movement opportunities strengthening collaborative storytelling participation consistently.

### Next Steps

Explore Active Education Australia Resources supporting storytelling participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

