



Active Insight: Evidence in Action

Tip #862



Creating Leadership Implementation Through Movement Participation

Overview

Leadership implementation opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and leadership understanding. Students benefit from supportive leadership opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Leadership coaching experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Build coaching movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, leadership discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Build coaching movement experiences supporting collaborative leadership participation opportunities.
- Use leadership discussions strengthening reflective participation and engagement regularly consistently.
- Facilitate active movement opportunities encouraging inclusive leadership participation consistently.
- Strengthen collaborative participation supporting movement confidence and engagement regularly consistently.
- Guide active movement opportunities strengthening leadership participation consistently regularly.

Next Steps

Explore Anywhere PD resources supporting leadership participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

