



# Active Insight: Evidence in Action

## Tip #864



## Structuring Multi-Year Sustainability Participation

### Overview

Multi-year sustainability opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and sustainability understanding. Students benefit from supportive sustainability opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Sustainability pathway experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Include sustainable movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, sustainability discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Include sustainable movement experiences supporting collaborative participation opportunities consistently regularly.
- Use sustainability discussions strengthening reflective participation and engagement regularly consistently.
- Promote collaborative movement opportunities encouraging inclusive sustainability participation consistently.
- Coordinate active participation supporting movement confidence and engagement regularly consistently.
- Include adaptive movement opportunities strengthening sustainability participation consistently regularly.

### Next Steps

Explore Anywhere PD resources supporting sustainability participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

