



Active Insight: Evidence in Action

Tip #866



Designing Knowledge Transfer Through Movement Learning

Overview

Knowledge transfer opportunities strengthen participation, confidence, wellbeing, and understanding through engaging movement experiences supporting meaningful collaboration and reflection. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive learning opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Knowledge transfer experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Organise movement learning opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Organise movement learning experiences supporting collaborative participation opportunities consistently regularly.
- Use staffing discussions strengthening reflective participation and engagement regularly consistently.
- Embed collaborative movement opportunities encouraging inclusive participation consistently regularly.
- Manage active participation supporting movement confidence and engagement regularly consistently.
- Personalise active movement opportunities strengthening learning participation consistently regularly.

Next Steps

Explore Anywhere PD resources supporting movement learning participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

