



Active Insight: Evidence in Action

Tip #867



Building Inclusion Review Through Participation Opportunities

Overview

Inclusion review opportunities strengthen participation, confidence, wellbeing, and accessibility through engaging movement experiences supporting meaningful collaboration and reflection. Inclusive learning environments encourage communication, teamwork, and positive decision-making while reducing participation barriers and strengthening participation pathways. Students benefit from supportive inclusion opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Inclusion review experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Focus accessible movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Focus accessible movement experiences supporting collaborative inclusion participation opportunities consistently.
- Use inclusive discussions strengthening reflective participation and engagement regularly consistently.
- Prioritise collaborative movement opportunities encouraging inclusive participation consistently regularly.
- Include active participation supporting movement confidence and engagement regularly consistently.
- Refine active movement opportunities strengthening inclusion participation consistently regularly.

Next Steps

Explore Inclusion resources on Anywhere PD supporting inclusive participation opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

