



Active Insight: Evidence in Action

Tip #869



Designing Family Partnerships Through Movement Participation

Overview

Family partnership opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and relationship understanding. Students benefit from supportive family opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Family partnership experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Create partnership movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, family discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Create partnership movement experiences supporting collaborative family participation opportunities.
- Use family discussions strengthening reflective participation and engagement regularly consistently.
- Grow engagement opportunities encouraging inclusive movement participation consistently regularly.
- Build community participation supporting movement confidence and engagement regularly consistently.
- Shape active movement opportunities strengthening family participation consistently regularly.

Next Steps

Explore Active Education Australia Resources supporting family participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

