



# Active Insight: Evidence in Action

## Tip #870



## Creating Community Consultation Through Movement Participation

### Overview

Community consultation opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and community understanding. Students benefit from supportive consultation opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Community consultation experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Run consultation movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Run consultation movement experiences supporting collaborative participation opportunities consistently regularly.
- Use community discussions strengthening reflective participation and engagement regularly consistently.
- Lead collaborative movement opportunities encouraging inclusive participation consistently regularly.
- Use active participation supporting movement confidence and engagement regularly consistently.
- Shift active movement opportunities strengthening community participation consistently regularly.

### Next Steps

Explore Anywhere PD resources supporting community participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

