



Active Insight: Evidence in Action

Tip #872



Structuring Equity Review Through Movement Participation

Overview

Equity review opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful reflection and communication. Inclusive learning environments encourage communication, teamwork, and positive decision-making while reducing participation barriers and strengthening participation pathways. Students benefit from supportive equity opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Equity review experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Review reflective movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, collaborative discussions, and planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Review reflective movement experiences supporting collaborative participation opportunities consistently regularly.
- Use inclusive discussions strengthening reflective engagement and participation regularly consistently.
- Shape curriculum opportunities encouraging inclusive movement participation consistently regularly.
- Expand active participation supporting movement confidence and engagement regularly consistently.
- Support adaptive movement opportunities strengthening equity participation consistently regularly.

Next Steps

Explore TREE Model resources supporting equitable participation opportunities.

The TREE Approach is informed by inclusive education, adaptive physical activity, and the Australian Sports Commission's Playing for Life philosophy (Australian Sports Commission, 2015).

