



Active Insight: Evidence in Action

Tip #873



Designing Digital Implementation Through Movement Participation

Overview

Digital implementation opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and digital understanding. Students benefit from supportive digital opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Digital tracking system experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Check tracking movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Check tracking movement experiences supporting collaborative digital participation opportunities consistently.
- Use digital discussions strengthening reflective engagement and participation regularly consistently.
- Track movement opportunities encouraging inclusive participation consistently regularly throughout activities.
- Review active participation supporting movement confidence and engagement regularly consistently.
- Tailor active movement opportunities strengthening digital participation consistently regularly.

Next Steps

Explore Anywhere PD resources supporting digital participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

