



# Active Insight: Evidence in Action

## Tip #874



## Creating Shared Online Participation Opportunities

### Overview

Shared online opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and digital understanding. Students benefit from supportive online opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly throughout learning opportunities successfully.

### Key Teaching Ideas

Shared online participation experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Help planning movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use online participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Help planning movement experiences supporting collaborative online participation opportunities consistently.
- Use online discussions strengthening reflective participation and engagement regularly consistently.
- Manage reflective movement opportunities encouraging inclusive participation consistently regularly.
- Track active participation supporting movement confidence and engagement regularly consistently.
- Target active movement opportunities strengthening online participation consistently regularly.

### Next Steps

Explore Active Education Australia Resources supporting online participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

