Active Insight: Evidence in Action

Tip #875

Building Research Translation Through Movement Learning

Overview

Research translation opportunities strengthen participation, confidence, wellbeing, and understanding through engaging movement experiences supporting meaningful communication and reflection. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive research opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly throughout learning opportunities successfully.

Key Teaching Ideas

Research translation experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Explore research movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use reflective participation strategies, collaborative discussions, and planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Explore research movement experiences supporting collaborative participation opportunities consistently regularly.
- Use reflective discussions strengthening participation and engagement regularly consistently throughout.
- Explore evidence movement opportunities encouraging inclusive participation consistently regularly.

- Transform active participation supporting movement confidence and engagement regularly consistently.
- Explore Active Education Australia Resources supporting research participation opportunities.

Next Steps

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

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