



# Active Insight: Evidence in Action

## Tip #876



## Structuring Evidence-Informed Participation Opportunities

### Overview

Evidence-informed opportunities strengthen participation, confidence, wellbeing, and understanding through engaging movement experiences supporting meaningful collaboration and reflection. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive evidence-informed opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

### Key Teaching Ideas

Evidence-informed experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Review evidence movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use inclusive participation strategies, reflective discussions, and collaborative planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

### Practical Application

- Review evidence movement experiences supporting collaborative participation opportunities consistently regularly.
- Use evidence discussions strengthening reflective engagement and participation regularly consistently.
- Deliver participation opportunities encouraging inclusive movement engagement consistently regularly throughout.
- Reflect active participation supporting movement confidence and engagement regularly consistently.
- Update active movement opportunities strengthening evidence participation consistently regularly.

### Next Steps

Explore Anywhere PD resources supporting evidence-informed participation opportunities.

*The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.*

