



Active Insight: Evidence in Action

Tip #877



Designing School Transformation Through Movement Participation

Overview

School transformation opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive transformation opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Transformation strategy experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Celebrate transformation movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use reflective participation strategies, collaborative discussions, and planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Celebrate transformation movement experiences supporting collaborative participation opportunities consistently.
- Use celebration discussions strengthening reflective engagement and participation regularly consistently.
- Recognise participation opportunities encouraging inclusive movement engagement consistently regularly throughout.
- Celebrate active participation supporting movement confidence and engagement regularly consistently.
- Vary active movement opportunities strengthening transformation participation consistently regularly.

Next Steps

Explore Active Education Australia Resources supporting school transformation participation opportunities.

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

