



Active Insight: Evidence in Action

Tip #878



Creating Implementation Walkthrough Participation Opportunities

Overview

Implementation walkthrough opportunities strengthen participation, confidence, wellbeing, and collaboration through engaging movement experiences supporting meaningful communication and teamwork. Inclusive learning environments encourage communication, teamwork, and positive decision-making while strengthening participation pathways and reflective understanding. Students benefit from supportive walkthrough opportunities promoting motivation, active involvement, and lifelong physical activity participation successfully together consistently across communities regularly.

Key Teaching Ideas

Walkthrough harmony experiences strengthen engagement through collaboration, communication, and reflective participation opportunities supporting meaningful learning. Run walkthrough movement opportunities encouraging teamwork, confidence, and positive decision-making throughout activities. Use reflective participation strategies, collaborative discussions, and planning approaches helping students strengthen relationships, maintain engagement, and develop sustainable movement participation habits across diverse learning environments consistently successfully together throughout participation experiences regularly.

Practical Application

- Run walkthrough movement experiences supporting collaborative participation opportunities consistently regularly.
- Use walkthrough discussions strengthening reflective engagement and participation regularly consistently.
- Highlight participation opportunities encouraging inclusive movement engagement consistently regularly throughout.
- Build active participation supporting movement confidence and engagement regularly consistently.
- Explore Anywhere PD resources supporting walkthrough participation opportunities.

Next Steps

The Physical Literacy Framework is informed by the Australian Physical Literacy Framework (Australian Sports Commission, 2019), contemporary models of holistic physical literacy development (Whitehead, 2010), and research exploring interconnected physical, psychological, cognitive, and social domains supporting lifelong engagement in movement and physical activity.

