



# ***Territory Champions: Play Smart***



**Description:** Builds advanced movement, tactics, and teamwork for territorial games like soccer and basketball.

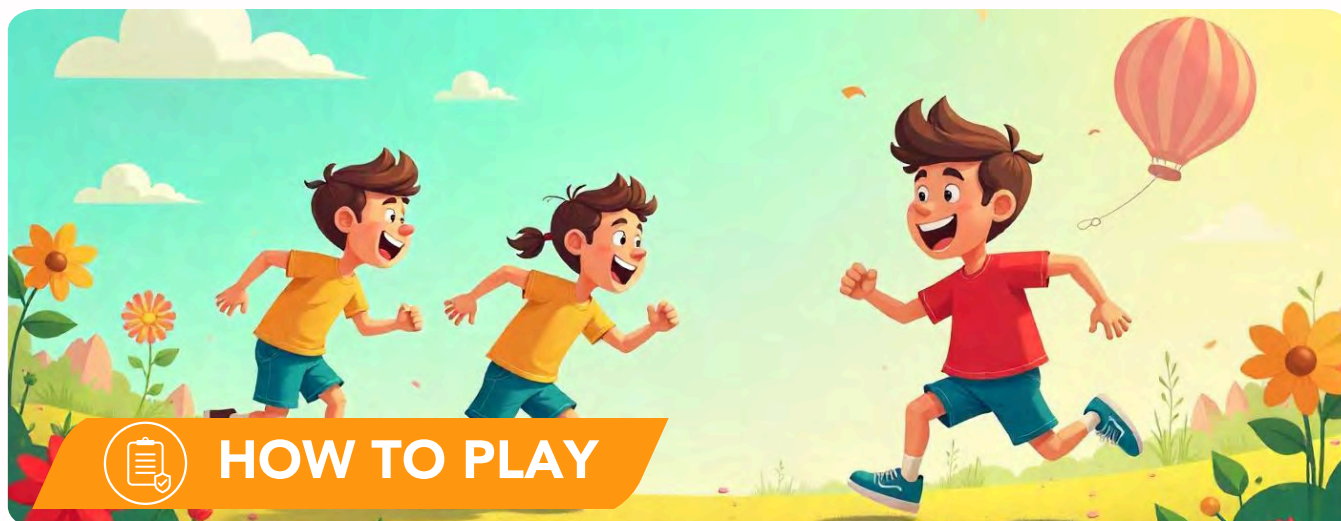
**Curriculum Focus Area:** Game Sense/Fundamental Movement Skills (GS/FMS)

<b>Learning Intention</b>	To explore advanced movement and positioning to outplay opponents.
<b>Success Criteria</b>	I can use movement strategies to stay open and create opportunities for my team. I can change direction and throw quickly to outsmart defenders.
<b>Assessment Focus</b>	Observation of students' movement to find space and stay open.
<b>Australian Curriculum V9 Achievement Standard &amp; Content Description</b>	Students apply fundamental movement skills and movement concepts in different movement situations. Refine and apply fundamental movement skills and movement concepts in a variety of movement situations (AC9HP4M01)

Timing	Activity and Games	Equipment	Focus Question
<b>Unofficial Start</b>			
0-5 min	Tag Variations: In small groups, players use quick direction changes to avoid being tagged.	Cones	How can we use movement to avoid being tagged?
<b>Lesson Objectives</b>			
5-10 min	Learning Intention and Success Criteria		
<b>Minor Game</b>			
10-20 min	Passing Circles: Players pass a ball in a circle, practising fakes and quick passes.	Balls	How can we fake passes to keep possession?
<b>Major Games</b>			
20-35 min	Keep Away: Small groups play keep away, focusing on quick passes and movement into open space.	Balls, cones	How do we outplay opponents with movement?
35-50 min	Mini-Game: Teams play a modified basketball game with a focus on quick passing and movement.	Basketballs, cones	How can movement help us keep the ball?
<b>Reflection</b>			
50-60 min	Group Reflection: Share one way movement helped your team keep possession.		
Safety	Ensure space between groups, encourage safe physical contact, and supervise ball handling to avoid injuries.		

# TAG VARIATIONS

Theme focus: Evasion and agility



## HOW TO PLAY

1. Players must move quickly, using sudden changes in direction and speed to avoid being tagged by the designated tagger.
2. Safe zones provide temporary protection for players, but they are only allowed to stay within these areas for a maximum of five seconds before they must re-enter the game.
3. The game continues with taggers rotating after each round to ensure that multiple players have a chance to play both offensive and defensive roles.
4. Encourage students to react quickly, anticipate the tagger's movements, and use smart positioning to remain in the game for as long as possible.
5. To maintain fairness and allow everyone a chance to participate, regularly switch taggers so different students can experience being both chasers and runners.



## QUESTIONS

- How can we use movement to avoid being tagged?
- What movement helped you escape a tag?
- How did you use safe zones effectively?
- What strategies did the tagger use?



## MODIFY IT

### Make it Easier:

Increase the number of safe zones.

### Make it Harder:

Reduce safe zones or shorten time allowed in them.



## EQUIPMENT

Cones



## SAFETY

Ensure a safe area for running.

# PASSING CIRCLES

Theme focus: Passing and deception



1. Players stand in a large circle, evenly spaced, with one or two balls in play.
2. The ball is passed quickly between players, using a mix of short and long passes. Players must stay alert and ready to receive the ball.
3. Players practice fakes and quick passes, using body movements to trick imaginary defenders before passing to their teammate.
4. The objective is to maintain possession of the ball, ensuring smooth passes and quick reactions to movement in the circle.
5. The challenge is to keep the ball moving without dropping it, encouraging fast decision-making and deceptive passing techniques.

## QUESTIONS

- How can we fake passes to keep possession?
- What helped you trick a defender?
- How did you stay ready to receive a pass?
- What was challenging about faking a pass?

## EQUIPMENT

Balls

## MODIFY IT

### Make it Easier:

Allow slower passes and open space.

### Make it Harder:

Add defenders or require faster passes.

## SAFETY

Ensure players have enough space between them.

# KEEP AWAY

**Theme focus:** Passing and movement into space



## HOW TO PLAY

1. Students play in small groups, continuously passing the ball to one another while staying active in the play area.
2. Players must move quickly into open spaces and use precise, well-timed passes to keep possession.
3. Defenders work to intercept the ball and disrupt the play by anticipating movements.
4. After each round, players rotate roles so everyone has the opportunity to practice both offensive and defensive skills.
5. Encourage fast decision-making, quick thinking, and strong teamwork to improve overall gameplay.



## QUESTIONS

- How do we outplay opponents with movement?
- What helped you stay open for a pass?
- How did you decide when to pass or move?
- What was challenging about keeping possession?



## EQUIPMENT

Balls, cones



## MODIFY IT

### **Make it Easier:**

Allow more space and fewer defenders.

### **Make it Harder:**

Reduce space or add more defenders.



## SAFETY

Ensure safe movement and clear playing areas.

# MINI GAME

**Theme focus:** Passing and movement in a team



## HOW TO PLAY

1. Teams participate in a modified basketball game that emphasizes ball movement and teamwork.
2. Players must complete at least three successful passes before attempting to take a shot on goal.
3. Encourage players to continuously move into open spaces, making themselves available for passes while avoiding defenders.
4. Emphasize the importance of quick decision-making, clear communication, and maintaining control under pressure.
5. The overall goal is to sustain possession of the ball and create high-quality scoring opportunities through coordinated teamwork.



## QUESTIONS

- How can movement help us keep the ball?
- What helped you get into open space?
- How did quick passing help your team?
- What was the hardest part of moving effectively?



## EQUIPMENT

Basketballs, cones



## MODIFY IT

### **Make it Easier:**

Allow unlimited passing and more time to shoot.

### **Make it Harder:**

Reduce passing time or add defenders.



## SAFETY

Ensure a clear playing area with safe distances.

<b>Learning Intention</b>	To practise defensive positioning, marking, and intercepting.
<b>Success Criteria</b>	I can stay with my opponent and intercept the ball. I can mark effectively to stop the other team.
<b>Assessment Focus</b>	Observation of students' defensive marking and intercepting.
<b>Australian Curriculum V9 Achievement Standard &amp; Content Description</b>	Students apply fundamental movement skills and movement concepts in different movement situations. Refine and apply fundamental movement skills and movement concepts in a variety of movement situations (AC9HP4M01)

Timing	Activity and Games	Equipment	Focus Question
<b>Unofficial Start</b>			
0-5 min	Mirror Defence: Pairs practise shadowing each other's movements to stay in position.	None	How can we stay close to our opponent?
<b>Lesson Objectives</b>			
5-10 min	Learning Intention and Success Criteria		
<b>Minor Game</b>			
10-20 min	Defensive Circle: Groups work on marking and intercepting passes in a small area.	Balls, cones	How do we anticipate passes to intercept?
<b>Major Games</b>			
20-35 min	2v2 Drill: Teams of two practise defending attackers trying to pass or shoot into a goal.	Goals, balls	How can we defend without fouling?
35-50 min	Mini-Game: Teams play a modified soccer game with a focus on defensive strategies.	Soccer balls, cones	How can marking and positioning help our defence?
<b>Reflection</b>			
50-60 min	Peer Feedback: Share what you learned about marking and intercepting effectively.		
<b>Safety</b>	Monitor defensive movements to ensure safe physical contact and supervise intercepting drills closely.		

# MIRROR DEFENCE

Theme focus: Defensive movement



## HOW TO PLAY

1. Students pair up, with one acting as the leader and performing a series of movements while the other follows closely, trying to mirror their actions exactly.
2. The goal for the defending player is to stay balanced and positioned directly in front of their partner without losing control or stepping out of place.
3. After one minute, the players switch roles, giving both partners a chance to lead and defend, practicing their movement skills.
4. Encourage students to maintain slow, controlled movements to improve their ability to mirror accurately and stay balanced throughout the exercise.
5. The key challenge is for the defender to stay consistently in front of their partner while reacting to rapid directional changes and maintaining focus.



## QUESTIONS

- How can we stay close to our opponent?
- What movements were easiest to mirror?
- How did you stay balanced while moving?
- What made mirroring difficult?



## MODIFY IT

### Make it Easier:

Allow slower movements.

### Make it Harder:

Increase movement speed and complexity.



## EQUIPMENT

None



## SAFETY

Ensure space between pairs.

# DEFENSIVE CIRCLE

Theme focus: Marking and intercepting



## HOW TO PLAY



1. Players are divided into two teams—one team is passing while the other is defending. The passing team spreads out in a small area.
2. The passing team moves the ball quickly while the defenders attempt to anticipate their movements and intercept the ball.
3. Defenders must use their positioning and reactions to cut off passing lanes without making physical contact.
4. After a set time, teams switch roles, allowing all players to practice passing and defending.
5. The challenge is for the defenders to successfully intercept passes while the passing team maintains possession under pressure.



## QUESTIONS

- How do we anticipate passes to intercept?
- What helped you predict where the ball would go?
- How did you adjust to a fast-moving pass?
- What was difficult about intercepting?



## EQUIPMENT

Balls, cones



## MODIFY IT

### Make it Easier:

Allow longer passing times.

### Make it Harder:

Reduce space or increase the number of defenders.



## SAFETY

Ensure players avoid collisions.

# 2 V 2 DRILL

Theme focus: Defending without fouling



## HOW TO PLAY



1. Teams of two practice defending against attacking players who attempt to move past them with the ball.
2. Defenders must use proper body positioning, footwork, and anticipation skills to stay between the attacker and the goal.
3. They work on reading the attacker's movements to effectively block passes or take possession of the ball.
4. Players switch roles after each round, ensuring that both attacking and defensive skills are developed.
5. Encourage students to maintain control, stay focused, and use smart defensive strategies without unnecessary physical contact.



## QUESTIONS

- How can we defend without fouling?
- What helped you stay in front of your opponent?
- How did you adjust to different attackers?
- What was the hardest part of defending?



## EQUIPMENT

Goals, balls



## MODIFY IT

### Make it Easier:

Allow defenders to start closer to attackers.

### Make it Harder:

Reduce space or add time limits for attackers.



## SAFETY

Ensure players avoid pushing or contact fouls.

# MINI GAME

**Theme focus:** Defensive marking and positioning



1. Teams engage in a modified soccer game where they focus specifically on defensive strategies and positioning.
2. Defenders work on blocking passing lanes, intercepting the ball, and applying pressure without committing fouls.
3. Players must stay close to their assigned opponent, reacting quickly to their movements to limit scoring chances.
4. Encourage defenders to communicate constantly, coordinate their efforts, and provide backup support to teammates.
5. Teams take turns switching between attacking and defensive roles to develop a balanced understanding of both aspects of play.

## QUESTIONS

- How can marking and positioning help our defence?
- What helped you stay close to your opponent?
- How did positioning affect your ability to defend?
- What was the hardest part about marking?



## EQUIPMENT

Soccer balls, cones

## MODIFY IT

### **Make it Easier:**

Assign fewer attackers per defender.

### **Make it Harder:**

Add more attackers or limit defenders' movement.



## SAFETY

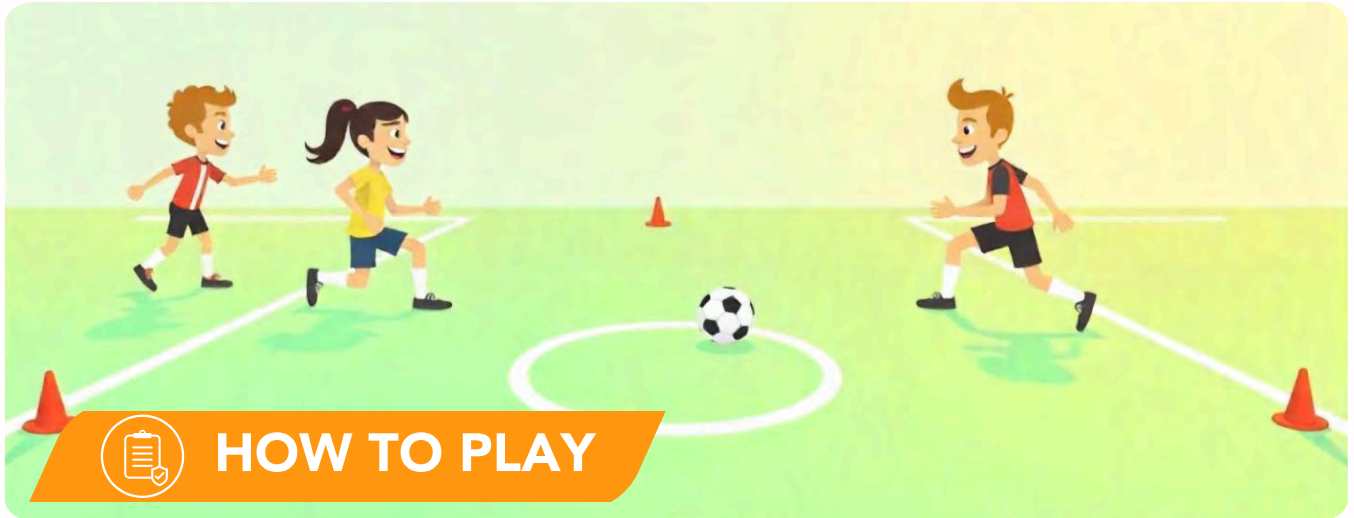
Ensure fair and safe contact rules are enforced.

<b>Learning Intention</b>	To develop tactics for passing, scoring, and creating space during an attack.
<b>Success Criteria</b>	I can work with my team to move the ball forward. I can create scoring opportunities.
<b>Assessment Focus</b>	Observation of attacking plays, including passing, positioning, and scoring attempts.
<b>Australian Curriculum V9 Achievement Standard &amp; Content Description</b>	Students apply fundamental movement skills and movement concepts in different movement situations. Refine and apply fundamental movement skills and movement concepts in a variety of movement situations (AC9HP4M01)

Timing	Activity and Games	Equipment	Focus Question
<b>Unofficial Start</b>			
0-5 min	Zone Passing: Players pass the ball through zones to reach a scoring area while under pressure.	Balls, cones	How can we pass under pressure to move forward?
<b>Lesson Objectives</b>			
5-10 min	Learning Intention and Success Criteria		
<b>Minor Game</b>			
10-20 min	3v2 Challenge: Teams of three attackers try to score against two defenders, focusing on creating space.	Balls, cones	How can we work as a team to outsmart defenders?
<b>Major Games</b>			
20-35 min	Attacking Drill: Teams practise moving the ball into scoring positions, focusing on accurate passes and shots.	Goals, balls, cones	How can we use positioning to score more easily?
35-50 min	Mini-Game: Teams play a modified netball game, focusing on attacking strategies.	Netballs, cones	How do we stay calm and score under pressure?
<b>Reflection</b>			
50-60 min	Class Discussion: Share one way your team created scoring chances.		
Safety	Reinforce safe shooting techniques, ensure enough space, and supervise closely to avoid collisions.		

# ZONE PASSING

**Theme focus:** Passing under pressure



1. Teams work together to pass the ball through a series of clearly marked zones, aiming to move the ball efficiently across the playing area.
2. The main objective is to successfully deliver the ball to the scoring area, requiring precise passing and teamwork.
3. Defending players attempt to block passes and intercept the ball, adding an element of challenge that forces passers to be strategic.
4. Players must move quickly and position themselves effectively to create open passing opportunities and maintain control of the ball.
5. The game resets after each successful pass to the scoring area, allowing players to refine their strategies and improve their teamwork.

## QUESTIONS

- How can we pass under pressure to move forward?
- What helped you make a successful pass?
- How did you create space for teammates?
- How did defenders challenge your passes?

## EQUIPMENT

Balls, cones

## MODIFY IT

### **Make it Easier:**

Reduce defensive pressure.

### **Make it Harder:**

Add more defenders or limit passing time.

## SAFETY

Ensure safe spacing and no collisions.

# 3V2 CHALLENGE

Theme focus: Attacking and teamwork



## HOW TO PLAY



1. Three attacking players line up against two defenders in a small playing area, starting with possession of the ball.
2. The attacking team must pass and move quickly to create space and outmaneuver the defenders.
3. The defending team works together to block passing lanes and force mistakes while staying balanced and in control.
4. The play resets after each scoring attempt, allowing different players to rotate between offense and defense.
5. The challenge is for the attacking team to find the best passing combinations to break through the defense and score.



## QUESTIONS

- How can we work as a team to outsmart defenders?
- What passing strategies helped you?
- How did you position yourself to receive a pass?
- What was challenging about defending?



## EQUIPMENT

Balls, cones



## MODIFY IT

### Make it Easier:

Allow slower passes and bigger space.

### Make it Harder:

Reduce time to pass or add more defenders.



## SAFETY

Ensure fair play and no rough contact.

# ATTACKING DRILL

**Theme focus:** Offensive positioning and shooting



## HOW TO PLAY

1. Teams work together to advance the ball toward a scoring area, focusing on teamwork and passing accuracy.
2. Players must maintain possession while looking for opportunities to make strategic passes or create openings for shots on goal.
3. They spread out across the field or court, using effective positioning and communication to move past defenders.
4. Encourage players to assess the situation, make quick decisions, and work collaboratively to create high-quality scoring opportunities.
5. The ultimate goal is for students to develop smart attacking plays that lead to controlled and effective shots on goal.



## QUESTIONS

- How can we use positioning to score more easily?
- What helped you find space to receive the ball?
- How did you decide when to pass or shoot?
- What was challenging about getting into a scoring position?



## EQUIPMENT

Goals, balls, cones



## MODIFY IT

### **Make it Easier:**

Allow more time and larger scoring zones.

### **Make it Harder:**

Reduce passing time or add defenders.



## SAFETY

Ensure safe shooting zones and fair play.

# MINI GAME

**Theme focus:** Creating scoring opportunities under pressure



1. Teams play a modified version of netball that challenges them to develop effective attacking strategies.
2. Players focus on accurate passing, quick ball movement, and positioning themselves in open spaces to receive the ball.
3. They practice remaining calm and composed when taking shots, even under defensive pressure.
4. Encourage teams to use clear communication, strategic movement, and teamwork to outmaneuver defenders.
5. After each round, teams rotate between offensive and defensive roles to strengthen their understanding of game dynamics.

## QUESTIONS

- How do we stay calm and score under pressure?
- What helped your team keep possession?
- How did movement help in creating space?
- What was the hardest part about scoring?



## EQUIPMENT

Netballs, cones

## MODIFY IT

### **Make it Easier:**

Allow more time for passing before shooting.

### **Make it Harder:**

Reduce time or add defenders.



## SAFETY

Ensure clear boundaries and safe play for all players.

<b>Learning Intention</b>	To combine attacking and defensive strategies in a competitive team game.
<b>Success Criteria</b>	I can apply attacking and defensive strategies during a game. I can work with my team to achieve success.
<b>Assessment Focus</b>	Observation of students' tactical decision-making in gameplay.
<b>Australian Curriculum V9 Achievement Standard &amp; Content Description</b>	Students describe the contributions of all participants in team activities.
	Participate in physical activities by taking on a variety of roles and demonstrating cooperation, inclusion and respect for others (AC9HP4M04)

Timing	Activity and Games	Equipment	Focus Question
<b>Unofficial Start</b>			
0-5 min	Triangle Passing: Teams of three practise passing while one player defends.	Balls	How can we pass quickly while avoiding defenders?
<b>Lesson Objectives</b>			
5-10 min	Learning Intention and Success Criteria		
<b>Minor Game</b>			
10-20 min	Relay Zones: Teams move the ball through a relay course, combining attacking and defensive strategies.	Balls, cones	How can we balance attack and defence in a relay?
<b>Major Games</b>			
20-35 min	Territory Game: Teams play a full game (e.g., soccer or basketball), applying all strategies learned.	Ensure rules for safe play are enforced, provide clear space for games, and monitor physical contact.	How can we combine attacking and defensive tactics?
35-50 min	Mini-Game: Teams play a modified game, focusing on team strategies.		How can we combine attacking and defensive tactics to help our team succeed?
<b>Reflection</b>			
50-60 min	Peer Celebration: Teams share one moment they worked well together during the game.		
<b>Safety</b>	Ensure rules for safe play are enforced, provide clear space for games, and monitor physical contact to avoid injuries.		

# TRIANGLE PASSING

**Theme focus:** Quick passing and movement



1. Students form a small group of three players standing in a triangular formation and begin passing the ball among themselves.
2. A designated defender is positioned in the middle of the triangle, actively trying to intercept the passes made between the three players.
3. After making a pass, the offensive players must move to a different position within the triangle, keeping the ball in motion and making it harder for the defender to anticipate their next move.
4. The defender rotates out after each round, allowing different players the opportunity to practice both offensive and defensive strategies.
5. Encourage students to react quickly, communicate clearly with their teammates, and use sharp passing techniques to outmaneuver the defender.



## QUESTIONS

- How can we pass quickly while avoiding defenders?
- What helped you pass accurately?
  
- How did you position yourself for the best pass?
- How did defenders make passing harder?



## EQUIPMENT

Balls



## MODIFY IT

### **Make it Easier:**

Allow slower passing and fewer defenders.

### **Make it Harder:**

Add multiple defenders or require faster passing.



## SAFETY

Ensure space between groups.

# RELAY ZONES

Theme focus: Strategy and movement



## HOW TO PLAY



1. Teams begin at one end of the play area, with a ball they must move through different zones to reach the finish.
2. Players alternate between attacking (advancing the ball) and defending (blocking progress), switching roles as they enter new zones.
3. In each zone, players must pass accurately, avoid defenders, and move strategically to complete the challenge.
4. If a team loses possession, they restart at the beginning of their current zone.
5. The goal is for teams to work together, adapt to defensive pressure, and complete the relay as quickly as possible.



## QUESTIONS

- How can we balance attack and defence in a relay?
- What helped you complete passes under pressure?
- How did you switch quickly between attack and defence?
- What was difficult about the transitions?



## EQUIPMENT

Balls, cones



## MODIFY IT

### Make it Easier:

Allow more space and extra time.

### Make it Harder:

Reduce space or add defenders.



## SAFETY

Ensure clear zones to avoid collisions.

# TERRITORY GAME

**Theme focus:** Applying attacking and defensive strategies



## HOW TO PLAY

1. Teams engage in a full-sided game, such as soccer, basketball, or netball, where they apply all the strategies they have learned.
2. Players must transition smoothly between attacking and defending as possession changes.
3. They use communication, positioning, and teamwork to execute both offensive and defensive plays effectively.
4. The objective is to find the right balance between advancing toward the goal and maintaining a strong defensive structure.
5. Encourage players to focus on decision-making, strategic thinking, and working cohesively as a team throughout the game.

## QUESTIONS

- How can we combine attacking and defensive tactics?
- What helped your team succeed in attack?
- How did you adjust your defence when under pressure?
- What was the most challenging part of switching roles?



## EQUIPMENT

Balls, goals, cones

## MODIFY IT

### **Make it Easier:**

Allow smaller teams and slower play.

### **Make it Harder:**

Reduce space or add time limits for actions.



## SAFETY

Ensure players follow fair play rules and avoid collisions.

# MINI GAME

**Theme focus:** Team strategies in modified games



1. Teams participate in a modified game of basketball, soccer, or netball that integrates both offensive and defensive strategies.
2. Players must adapt their tactics based on the game situation, choosing when to attack aggressively or defend cautiously.
3. They analyze their opponents' strategies and make real-time adjustments to maintain an advantage.
4. Encourage players to engage in constant communication, quick decision-making, and collaboration with teammates.
5. The main objective is to develop effective, adaptable game strategies that can be used in competitive play.

## QUESTIONS

- How can we combine attacking and defensive tactics to help our team succeed?
- What helped your team adjust during the game?
- How did communication help with strategy?
- What was the hardest part of playing both attack and defence?

## EQUIPMENT

Balls, goals, cones

## MODIFY IT

### **Make it Easier:**

Use smaller teams for more space and easier passes.

### **Make it Harder:**

Increase defensive pressure or limit passing options.

## SAFETY

Ensure rules for safe play are enforced, and monitor physical contact.

# Unit Assessment Rubric

Criteria	Emerging (1)	Developing (2)	Proficient (3)	Extending (4)
Smart Movement	Beginning to move into open space.	Moves to open space but inconsistently.	Consistently finds and creates space for self and teammates.	Anticipates movement strategically to create optimal opportunities.
Defensive Tactics	Is developing confidence in staying with an opponent.	Can mark an opponent but loses focus.	Maintains strong defensive positioning and intercepts passes.	Anticipates opponent's moves and executes advanced defensive strategies.
Attacking Smarts	Beginning to pass and create scoring chances.	Passes effectively but Beginning under pressure.	Works with teammates to execute attacking plays.	Leads attacks by creating space, passing accurately, and finishing plays.
Tactical Play	Is developing confidence in balancing attack and defense.	Applies some attacking and defensive strategies.	Integrates attacking and defensive strategies effectively.	Adapts dynamically, leading team play with strong tactical decisions.

## Performance Evaluation:

- **Emerging (1):** Requires further development and teacher support.
- **Developing (2):** Progressing towards consistent performance but still needs reminders.
- **Proficient (3):** Meets expectations for coordination, balance, and teamwork.
- **Extending (4):** Exceeds expectations and demonstrates leadership and initiative in all areas.

