



Active Insight: Evidence in Action

Tip #267



Feedback That Builds Learning

Overview

Feedback provides students with information they can use to **improve movement skills, apply strategies and refine performance**. In Physical Education, feedback is most useful when it is **specific, timely and linked to the learning focus**. It helps students **identify what they are doing well, recognise areas for improvement and make adjustments** during learning activities. Feedback can be used to **reinforce key teaching points, clarify expectations and guide performance** during practice and game situations. Regular feedback helps students understand **what to do next and how to improve performance**.

Key Teaching Ideas

Link feedback directly to the **skill, strategy or concept being taught**. Focus on **one or two key teaching points** that students can act on during the lesson rather than providing multiple corrections at once. Consider **when feedback will be provided and how students will use it** during learning activities. Plan opportunities for **teacher, peer and self-feedback** throughout lessons so students receive information from different sources. Allow time for students to **apply feedback, make adjustments and compare performance before and after changes are made**.

Practical Application

- **Provide feedback during skill practice.** Eg: Give students a specific teaching point they can focus on during their next attempt.
- **Use game stoppages strategically.** Eg: Pause activities to discuss movement decisions, positioning or skill execution.
- **Incorporate peer observation tasks.** Eg: Ask students to identify a successful movement or strategy demonstrated by a partner.
- **Highlight examples of performance.** Eg: Use student demonstrations to reinforce lesson teaching points.
- **Create opportunities to apply feedback immediately.** Eg: Return students to the activity so adjustments can be trialled in practice or game situations.

Next Steps

Keep feedback focused and consistent. Explore [Active Education Australia Resources](https://www.activeeducationaustralia.edu.au/resources) for simple strategies support ongoing improvement and help students confidently refine and apply movement skills.

