



Active Insight: Evidence in Action

Tip #369



Embedding Assessment Naturally

Overview

Physical Education lessons provide regular opportunities for **Assessment for Learning, Assessment as Learning and Assessment of Learning**. Observation, questioning, discussion, reflection and performance can help teachers **gather evidence that informs teaching decisions, supports student reflection and demonstrates achievement**. While Assessment of Learning often **occurs at key points within a unit**, Assessment for Learning and Assessment as **Learning can occur continuously throughout lessons**. Embedding assessment within **learning experiences can help teachers respond to student needs while supporting students to recognise evidence** of their own **progress and achievement**.

Key Teaching Ideas

Assessment opportunities can be **planned into lessons before students arrive**. Consider where **observation, questioning, peer feedback, self-reflection and demonstrations naturally fit within activities**. A teacher may use **questioning during gameplay to gather evidence of understanding, observe decision-making** during small-sided games, or use **exit prompts to capture student reflections** at the end of a lesson. **Students can also contribute evidence through self-assessment**, goal setting, peer feedback and discussions linked to learning intentions and success criteria. Using a combination of Assessment for Learning, Assessment as Learning, and Assessment of Learning provide teachers with **opportunities to gather evidence of student learning while supporting and engaging students throughout the learning process**.

Practical Application

- **Use questioning during gameplay.** Eg: Pause individuals, pairs or teams to explain decisions, identify options or justify strategies being used within an activity.
- **Observe with purpose.** Eg: Focus on one learning intention or success criterion and record evidence while students are participating in activities.
- **Embed peer feedback opportunities.** Eg: Use agreed success criteria to guide observations, discussions and feedback between students.
- **Include self-assessment moments.** Eg: Ask students to reflect on their progress, identify strengths and set a focus for future learning.
- **Use exit prompts.** Eg: Invite students to explain what they learned, applied or improved during the lesson before leaving.
- **Capture evidence in different ways.** Eg: Use observations, videos, photos, student discussions, reflections or demonstrations to gather evidence of learning.

Next Steps

Consider how observation, questioning, feedback and reflection can be embedded within everyday learning experiences. Explore [Active Education Australia Resources](#) for practical assessment strategies.

