Active Insight: Evidence in Action

Tip #819

Empowering Student Collaboration Through Movement

Overview

Some **challenges** are simply **better tackled with other people.** Movement activities can create natural opportunities for **students to share ideas, support one another and work towards a common goal.** Whether building something, **solving a challenge, navigating an activity or completing a task,** students often **discover that different perspectives and contributions** can help a group move forward. These experiences can enhance relationships while **creating a sense of shared achievement.**

Key Teaching Ideas

Collaboration rarely happens by accident. It is often shaped by the design of the task. Consider whether **students genuinely need one another to succeed** or whether they could complete the activity independently. **Tasks that require shared planning, group decision-making, role allocation or collective problem-solving can encourage greater collaboration.** Simple structures such as partner challenges, team goals, rotating roles and group reflections can help ensure **every student has a purpose and a contribution to make**. Small adjustments to the way activities are organised can often have a greater impact than the activity itself.

Practical Application

- **Use team challenges.** Eg: Set tasks that require students to work together to achieve a shared outcome.
- **Assign different roles.** Eg: Encourage students to contribute through planning, organising, leading, creating or supporting.
- **Try connection games.** Eg: Use Playmeo activities that encourage teamwork, trust and group problem-solving.
- **Create group goals.** Eg: Focus on collective achievements rather than individual results.
- **Pause for team discussions.** Eg: Give groups time to review strategies, share ideas and plan next steps.
- **Celebrate contributions.** Eg: Acknowledge effort, encouragement, leadership and suppo shown throughout activities.

Next Steps

Explore Playmeo Connection Games and Active Education Australia Resources for practical team-building and collaborative learning experiences.

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