



Active Insight: Evidence in Action



Tip #427: Leading Active Classrooms Schoolwide

Overview

A whole-school approach in primary school supports students by providing consistent and varied movement opportunities throughout the entire learning day. This collective commitment builds a positive school culture, strengthens student wellbeing, and enhances engagement across all year levels. Collaborative leadership practices ensure that change is sustainable, improving teaching consistency and ensuring that movement becomes a normal and valued part of both physical activity and classroom contexts.

Key Teaching Ideas

Supporting staff with a clear vision and practical strategies is essential for building a successful active school culture. Leaders can encourage regular collaboration and the sharing of successful movement tasks to build staff confidence. By focusing on consistency and gradual improvement, schools can embed movement in a way that is both sustainable and manageable, ensuring that every teacher feels capable of leading an active classroom.

Practical Application

- **Staff Sharing Sessions:** Leaders can facilitate brief meetings where teachers share one successful movement strategy they have used in their classroom to build shared practice.
- **Active Lesson Modelling:** Educators can invite colleagues to observe a short, active segment of a lesson to demonstrate how movement can be easily integrated.
- **Consistent School Routines:** Establishing a few simple, schoolwide movement cues can help to create a predictable and active environment for all students and staff.
- **Collaborative Planning Blocks:** Schools can provide time for teachers to work together on planning active units, ensuring a shared understanding and consistent implementation.
- **Ongoing Support Structures:** Leaders can provide regular check-ins and resources to ensure that active classroom practices remain sustainable and continue to grow over time.



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Next Steps

Visit the [Active Education Australia website](https://www.activeeducationaustralia.edu.au) to learn how to lead a whole-school approach to movement and support your staff in building sustainable active learning environments.

References and Research

1. Australian Professional Standards for Teachers (AITSL) – Outlines the role of school leaders in supporting the professional growth of staff and improving student outcomes.
2. Sport Australia: Physical Literacy Framework – Details the importance of a whole-school approach in fostering a lifelong positive relationship with movement.