Supportive School Environment

Then and Now

Creating Connections Through Beach Volleyball

More active. More often.



Then / Where we started

Myrtleford P-12 College wanted to diversify its sporting opportunities and encourage greater student participation. Recognising the popularity of Beach Volleyball, the school installed a dedicated court and embedded Volleyball into the HPE curriculum, developing students' skills and game understanding while creating new opportunities for active play and student-led competitions.

Now / What has changed

Beach Volleyball has become the school's most popular activity, enjoyed during PE, break times and brain breaks. The court is also used by the wider community on weekends. Staff report improved student focus and behaviour, with the court becoming a valued part of daily school life and culture.

What the School Did

- Installed a dedicated Beach Volleyball court to diversify physical activity opportunities.
- Embedded Volleyball skills and Game Sense approaches into the HPE curriculum.
- Encouraged student-led competitions to increase participation and engagement.
- Integrated the court into PE lessons, break times and brain breaks.
- Extended access to the wider community, encouraging use outside school hours.



What Others can Learn

Creating engaging activity spaces can have benefits beyond physical activity. Embedding them into daily routines, curriculum and community use increases participation, supports student wellbeing and builds a lasting culture of movement and connection.

> **"As a staff, we have noticed the court has encouraged spontaneous and ongoing movement throughout the day. This has helped build students confidence, skills and provides a positive social outlet to assist with overall student wellbeing"**

Myrtleford P-12 College

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Inspirational